



# 2005-2012 Toyota RAV4 Spark Plug Replacement

A video tutorial on how to change the spark plugs on a 2006-2008 Toyota RAV4.

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## INTRODUCTION

If you are experiencing engine misfires, trouble starting, and or loss of power then it may be time to replace the spark plugs.

Follow this video tutorial by YouTuber [NutzAboutBolts](#) to complete the replacement yourself.

### Torque specs:

- 14 ft. lbs - spark plugs
- 8 ft. lbs - ignition coil bolts

## Safety

If this is your first time working on a vehicle read our [safety tips](#) before proceeding.

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### TOOLS:

- [3/8" Drive Ratchet](#) (1)
- [10mm Deep Socket](#) (1)
- [3/8-Inch Drive Extension Bar](#) (1)
- [Spark Plug Socket](#) (1)
- [Anti-Seize Lubricant](#) (1)
- [Dielectric Grease](#) (1)
- [Spark Plug Gap Gauge](#) (1)
- [Torque Wrench](#) (1)

### PARTS:

- [Spark Plug](#) (4)

To reassemble your device, follow these instructions in reverse order.