



How to Repair a Hole on the Shoe Sole

Learn how to repair a hole on the bottom of the shoe sole.

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INTRODUCTION

Do you have a pair of shoes or just one shoe with a hole on the shoe sole? With this guide, you will be able to repair the hole and reuse the shoe rather than buying a new pair.



TOOLS:

- [120 Grit Sand Paper](#) (1)
- [Paper Towels](#) (2)
- [Ice Cube](#) (1)
- [Duct Tape](#) (1)



PARTS:

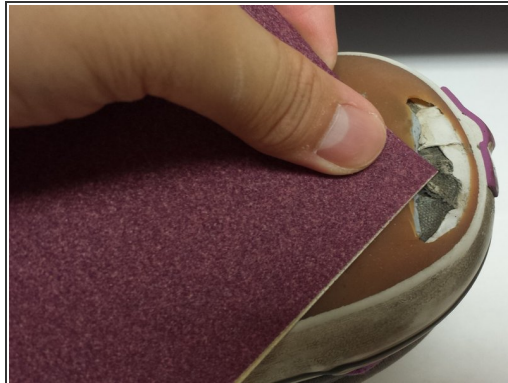
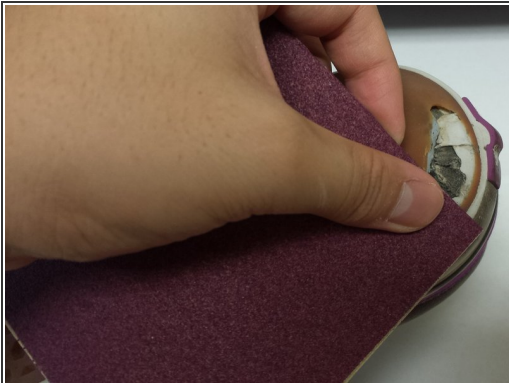
- [Shoe Goo](#) (1)

Step 1 — How to Repair a Hole on the Shoe Sole



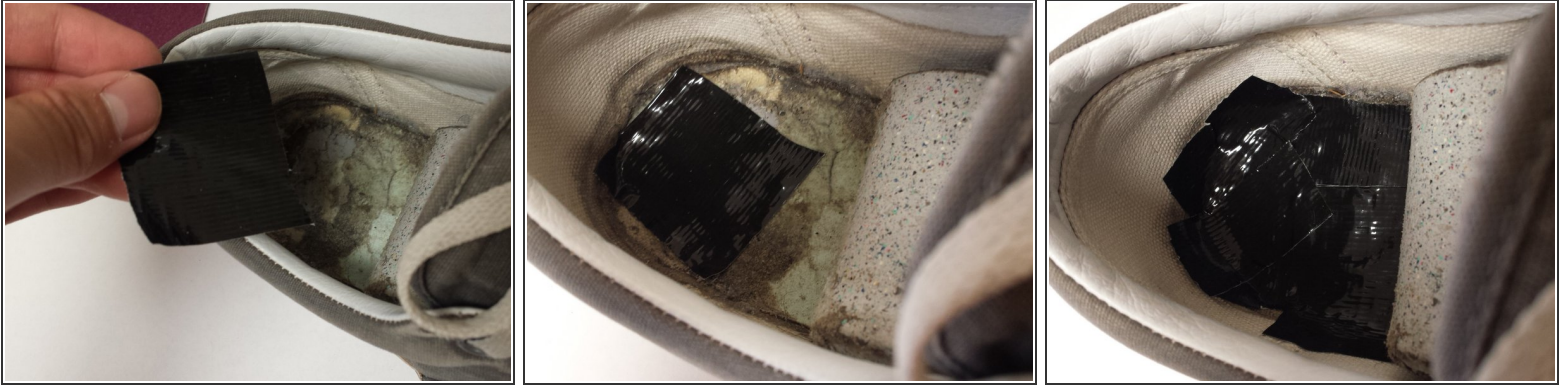
- ❗ Scrape off any extra material near the area of the hole that is not part of the outsole of the shoe.
- Clean the outsole with a wet paper towel.
- Clean and dry the outsole with a paper towel before starting.

Step 2



- Use the 120 grit sandpaper to roughen the edges of the hole on the outsole.
- ❗ This helps the shoe goo adhere more readily to the outsole.

Step 3



- Pull the insole out of the shoe.
 - Apply duct tape inside the shoe (on the other side of the hole).
 - Make sure the duct tape covers up the entire hole, so there will be no shoe goo going through the sole into the shoe.
- i** For holes that ripped through the shoe sole and to the inside of the shoe, this step is very important.

Step 4



- Apply the shoe goo to fill up the hole on the outsole.
- ⓘ Apply enough shoe goo to cover up all of the areas of the hole.

Step 5



- Spread the shoe goo evenly with an ice cube to cover up any uncovered area.
- ⓘ The shoe goo will not stick to the ice cube, and you will be able to easily spread the shoe goo. The coldness of the ice also helps the shoe goo set in place.

Step 6



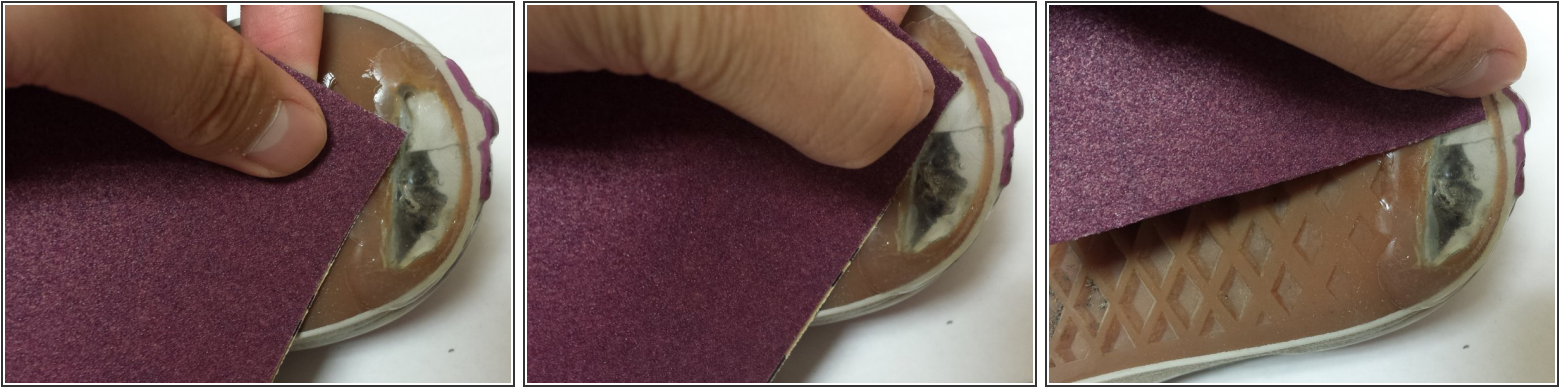
- Let the shoe sit for 24 hours for the shoe goo to dry.
- ⚠ In this period, do not let any objects come into contact with the glue.

Step 7



- After 24 hours, remove the duct tape from the shoe.
- Place the insole back into the shoe.

Step 8



- Use the 120 grit sand paper to rub the surface of the outsole until the shoe goo portion is smooth.

Now you can walk again!