



How to refurbish performance skateboard bearings

This guide will take you through the steps of cleaning your bearings so they perform like they were new.

Written By: Luke Marshall



INTRODUCTION

If you spin your wheels and they stop right away, your bearings need to be cleaned and lubricated. Get your performance bearings back to performing with this guide. There are 7 quick and easy steps. The process should take about a half hour.



TOOLS:

- [Flathead Screwdriver](#) (1)
- [Smart Wrench](#) (1)
- [Toothbrush](#) (1)
- [Cup](#) (1)



PARTS:

- [Bearing Lubricant](#) (1)

Step 1 — How to refurbish performance skateboard bearings



- Turn your wrench to the left to remove the wheel nut.
 - Take the wheel off of your trucks by pulling.
- ⚠** Keep all nuts and spacers in separated, designated areas.
- i** Wear gloves. You are working with messy materials such as gasoline.

Step 2



- Firmly lever the bearing out using your screwdriver.

⚠ Do not be overly forceful to avoid scratching the bearing.

Step 3



- Soak the bearing in a cup with premium gasoline for 5 minutes.

⚠ Soak each bearing separately so none are lost or dented.

Step 4



- Take the bearing out of the gasoline and remove one side of the outside plastic locks by applying pressure on the inner ring and prying up.
- ⓘ Make sure you can clearly see and access the ball bearings.

Step 5



- Use your toothbrush to clean the bearings by using a gentle back and forth scrubbing motion.
- Rinse the bearing with water and let dry for 5 minutes.

Step 6



- Once dry, pick up your bearings with two fingers and drop 2 drops of skateboard lubricant into the bearing.
- Spin the bearings immediately to spread the lubricant evenly.

Step 7



- Use a paper towel to remove excess lubricant.
- Replace the plastic guard.

To reassemble your device, firmly put bearings back into your wheels and tighten them back down onto the trucks.