



Garmin Forerunner 405 Battery Replacement

Use this repair guide to replace a battery on a Garmin Forerunner 405.

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INTRODUCTION

This guide will walk you through the process of replacing a dead or dying battery in a Garmin Forerunner 405.

TOOLS:

- [T5 Torx Screwdriver](#) (1)
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Step 1 — Unscrew



- Unscrew the four 6.35 mm Torx T5 screws securing the backing of the watch.

Step 2 — Separate Component



- Pull the backing off the watch.

Step 3 — Separate



- Pull the battery wires out from the motherboard.

Step 4 — Replace



- Replace battery module with backing of watch.

To reassemble your device, follow these instructions in reverse order.